

LAUNCESTON FOOTBALL CLUB

Return to Football: COVID-19 Risk Assessment

Name of Risk Assessor: David Harrison (Club COVID-19 Officer)	Date of Most Recent Assessment: 04/09/20	Assessment Review Date: On receipt of revised legislation
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Identify the Activity and Persons at Risk

Describe the activity: Training and Competitive Football Matches	Who might be harmed? Players, Coaches, Officials, Spectators	Frequency of activity: Usually Saturday afternoons and midweek evenings
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WHAT ARE THE HAZARDS	CONTROLS REQUIRED	ADDITIONAL CONTROLS	ACTION BY WHOM?	ACTION BY WHEN?	DATE COMPLETE
Spread of COVID - 19	GENERAL ALL players and officials to be reminded to undertake self-assessment for any COVID-19 symptoms prior to entering ground.	<ul style="list-style-type: none"> Risk Assessment document to be produced and circulated by Club Covid-19 Officer 	LAFC Covid Officer	On-going	
	Promoting good hygiene <ul style="list-style-type: none"> Provision of hand sanitiser in toilet facilities, changing rooms and public areas Ensure all handwashing and sanitiser facilities are in good working order and suitably stocked Provision of paper towels at all handwashing stations 	<ul style="list-style-type: none"> Regular checks (sanitiser, soap and paper towels) in toilet facilities and changing rooms Regular stock check (sanitiser, soap and paper towels) Train club officials on new protocols and the importance of good hygiene 	Clubhouse Manager		

	<p>Keeping facilities and equipment clean</p> <ul style="list-style-type: none"> • Cleaning throughout clubhouse and changing areas prior to and after use • Identification of high contact points for more regular cleaning (e.g. door handles, rails, light switches etc) • Frequent cleaning of work areas and equipment between use • Provision of waste facilities • Follow Public Health England guidance if a COVID-19 case is reported at the facility <p>Maintaining social distancing and avoiding congestion</p> <ul style="list-style-type: none"> • On-going review of how people use changing rooms and toilet facilities to minimise congestion and contact • No more than eight people in either changing room at the same time • No more than three people using either set of showers at the same time • Single use of toilet facilities at any one time, to avoid congestion in confined spaces 	<ul style="list-style-type: none"> • Ensure waste facilities are emptied and cleaned after each use of the venue • Ensure club officials are familiar with Public Health England guidance for reported Covid-19 cases 	<p>Clubhouse Manager</p>		
		<ul style="list-style-type: none"> • Train club officials to promote compliance with social distancing guidelines • Train club officials to deal with instances of non-compliance • Produce signage to that effect 	<p>Covid Officer</p>		

	<p>SPECIFIC</p> <p>Training</p> <ul style="list-style-type: none"> • Competitive training sessions will be limited to a maximum of 30 people including coaching staff • Pre-training player/coach self-screening to be undertaken • In support of NHS Track and Trace, names and contact details of all attendees will be collected and retained for 21 days • All equipment must be sanitised prior to and after use • Any symptomatic players or coaches, or those living with someone who is symptomatic, must leave the ground and return home to self-isolate • Attendees to supply their own drink bottle, clearly labelled • Indoor training is prohibited • A letter of consent (from parent or guardian) must be received before any Youth player (aged under 18) can train or take part in competitive football 	<ul style="list-style-type: none"> • All attendees to sanitise hands upon arrival and immediately after training • Pre-training symptomatic questionnaire to be completed by all attendees • Changing Rooms to remain locked during training sessions • Social distancing to be maintained during training wherever realistically possible 	<p>Team Managers and Coaches</p>		
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	<p>Travel</p> <ul style="list-style-type: none"> • The use of public transport to be avoided wherever possible • Participants should walk or cycle to the ground if possible • Players to be encouraged to arrive for training and matches in own personal car if unable to walk or cycle. • People from same household or support bubble can travel together • Where shared travel is unavoidable, individuals should aim to travel with same people on each journey • Coach travel to be avoided <p>Welfare</p> <ul style="list-style-type: none"> • All players, officials, volunteers and supporters to undertake self-assessment for any COVID-19 symptoms prior to leaving home. • Verbal check for symptoms to take place prior to all training sessions and matches. • Attendees to supply their own drink bottle, clearly labelled with their name • Post-session/match players should refrain from contact, as far as possible 	<ul style="list-style-type: none"> • Drivers and passengers should keep vehicles well ventilated and have face masks available for use • Upon arrival at venue drivers, where possible, should look to park at least one vehicle width away from other cars <ul style="list-style-type: none"> • Pre-match symptomatic questionnaire to be completed by attendees on arrival at training session • All attendees to be regularly reminded of the importance of maintaining social distancing, wherever possible 	<p>Team Managers and Coaches</p> <p>Team Managers and Coaches</p>		
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	<p>Equipment</p> <ul style="list-style-type: none"> Balls, cones, goalposts and other training equipment must be regularly wiped down with an appropriate sanitiser before and after every session. Facemasks and gloves are strongly recommended when carrying out this task. <p>Medical / Physiotherapy</p> <ul style="list-style-type: none"> PPE in line with Public Health England recommendations to be worn by any individual administering First Aid or carrying out physiotherapy activities First aiders must ensure their qualifications are within date as applicable to the relevant governing body <p>Players and Officials - Changing Rooms</p> <ul style="list-style-type: none"> Changing rooms to be used for changing and showering purposes only Use of changing rooms to be limited to a maximum of eight people at any one time. This applies to players from both teams Safe system of access/egress 	<ul style="list-style-type: none"> PPE, sanitiser spray and wipes to be issued to team managers and all coaches <ul style="list-style-type: none"> Players should vacate the changing rooms as soon as possible after usage Maximum occupancy to be displayed on each individual changing room door Manager briefings, pre- and post-match, to be conducted outside the changing room Match officials allocated their own designated changing room 	<p>Team Managers and Coaches</p>		
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	<p>Match Officials</p> <ul style="list-style-type: none"> • Safe exchange of team sheets • Safe method of match fee/expenses payment <p>Technical Areas</p> <ul style="list-style-type: none"> • Additional seating in support of social distancing • Increase size of technical area • Maximum of three people inside either dugout at any one time <p>Warm Up Areas</p> <ul style="list-style-type: none"> • Sufficient distance required between individual dedicated warm up areas for home team, away and match officials 	<ul style="list-style-type: none"> • Match fee payment by BACS • Away team exit/enter changing room area ahead of hosts • Additional bench seating provided adjacent to both home and away dugouts 	<p>Covid Officer</p>		
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	<p>Spectators</p> <ul style="list-style-type: none"> • Maximum 300 spectators until further notice • Spectators in maximum groups of six, or agreed household/social bubbles • Spectators required to sign in when entering the ground, in support of NHS Track and Trace programme • Only the main entrance to the venue will be open • Adequate signage to be displayed throughout spectator areas, stressing need for Hygiene and Social Distancing • If an accompanied spectator falls ill at the ground, his/her companion will escort the spectator out of the ground • If an unaccompanied spectator falls ill, a member of the club committee will assist • Any spectator taken ill whilst at the venue should be moved to an isolated position • If spectators are found not to be complying with Social Distancing guidelines, the Covid Officer and other committee members, will ask them to comply. If they continue to refuse, they will be asked to leave the venue 	<ul style="list-style-type: none"> • Clear Social Distancing markers to be taped to the ground where appropriate • A two-metre 'Keep Your Distance' banner to be displayed at the entrance to the venue • Grandstand capacity to be reduced from 150 to 35, to maintain Social Distancing • Grandstand seats to be taped and rendered unusable, to ensure reduced capacity is followed • Portable barriers to be utilised at key pinch points, to ensure adequate crowd management • Implement provision of contactless payment facility at entry point • Implement automated EvePass system, as a more efficient alternative to signing-in on arrival 	<p>Covid Officer and Club Committee Members</p>		
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	<p>Hospitality</p> <ul style="list-style-type: none"> Limited hospitality, comprising individual wrapped servings, will be provided to visiting officials at half-time, until revised instructions are issued For players and match officials, individual servings will be provided in disposable containers collected from a serving point Half-time refreshments will no longer be provided for players <p>Clubhouse / Bar</p> <ul style="list-style-type: none"> Provision of signage to aid movement within the clubhouse On-going review of movement around the clubhouse, to minimise congestion and contact Regulate entry to clubhouse to avoid overcrowding Apply appropriate Social Distancing floor markings in the bar area, where queuing is likely Explore provision of one-way system and single use doorways when congestion is likely to occur 	<ul style="list-style-type: none"> If required, staff will undergo a refresher course on food hygiene 			
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	<ul style="list-style-type: none"> • Display signage stressing need for single person use of toilet area • Provision of screens on the bar, to protect customers and staff • Customers will not be permitted to stand at the bar • Only a limited food menu will be served from the Tea Bar, to allow for Social Distancing among staff in the kitchen <p>Volunteers</p> <ul style="list-style-type: none"> • Any symptomatic volunteer, or those living with someone who is symptomatic, must self-isolate at home and not attend • PPE to be supplied if requested by an individual. i.e. gloves, facemask, visor etc 	<ul style="list-style-type: none"> • Hot drinks will now be served from the Tea Bar in disposable containers • Sugar, ketchup and sauces will all be provided from the Tea Bar in sachet form 			
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