

# LAUNCESTON FOOTBALL CLUB

## Return to Football: COVID-19 Risk Assessment

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| <b>Name of Risk Assessor:</b> David Harrison (Club COVID-19 Officer) | <b>Date of Assessment:</b> 31/07/20 | <b>Assessment Review Date:</b> When spectators are able to be admitted and/or on receipt of revised legislation |
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### Identify the Activity and Persons at Risk

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| <b>Describe the activity:</b><br>Pre-season Training/Football Matches | <b>Who might be harmed?</b><br>Players, Coaches and Officials | <b>Frequency of activity:</b><br>Usually Saturday afternoons and midweek evenings |
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| WHAT ARE THE HAZARDS        | CONTROLS REQUIRED   | ADDITIONAL CONTROLS  | ACTION BY WHOM?  | ACTION BY WHEN?               | DATE COMPLETE |
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| <b>Spread of COVID - 19</b> | <p><b>GENERAL</b></p> <p><b>ALL players and officials to be reminded to undertake self-assessment for any COVID-19 symptoms prior to entering ground.</b></p> <p><b>Promoting good hygiene</b></p> <ul style="list-style-type: none"> <li>! Provision of hand sanitiser in toilet facilities and changing rooms</li> <li>! Ensure all handwashing and sanitiser facilities are in good working order and suitably stocked</li> <li>! Provision of paper towels at all handwashing stations</li> </ul> | <ul style="list-style-type: none"> <li>! Risk Assessment document to be produced and circulated by Club Covid-19 Officer</li> <li>! Regular checks (sanitiser, soap and paper towels) in toilet facilities and changing rooms</li> <li>! Regular stock check (sanitiser, soap and paper towels)</li> <li>! Train club officials on new protocols and the importance of good hygiene</li> </ul> | <p><b>LAFC Covid Officer</b></p> <p><b>Clubhouse Manager</b></p> | Before all pre-season matches |               |



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|  | <p><b>SPECIFIC</b></p> <p><b>Training</b></p> <ul style="list-style-type: none"> <li>! Competitive training sessions will be limited to a maximum of 30 people including coaching staff</li> <li>! Pre-training player/coach self-screening to be undertaken</li> <li>! In support of NHS Track and Trace, names and contact details of all attendees will be collected and retained for 21 days</li> <li>! All equipment must be sanitised prior to and after use</li> <li>! Any symptomatic players or coaches, or those living with someone who is symptomatic, must leave the ground and return home to self-isolate</li> <li>! Attendees to supply their own drink bottle, clearly labelled</li> <li>! Indoor training is prohibited</li> </ul> | <ul style="list-style-type: none"> <li>! All attendees to sanitise hands upon arrival and immediately after training</li> <li>! Pre-training symptomatic questionnaire to be completed by all attendees</li> <li>! Changing Rooms to remain locked during training sessions</li> <li>! Social distancing to be maintained during training wherever realistically possible</li> </ul> | <p><b>Team Managers and Coaches</b></p> |  |  |
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|  | <p><b>Travel</b></p> <ul style="list-style-type: none"> <li>! The use of public transport to be avoided wherever possible</li> <li>! Participants should walk or cycle to the ground if possible</li> <li>! Players to be encouraged to arrive for training and matches in own personal car if unable to walk or cycle.</li> <li>! People from same household or support bubble can travel together</li> <li>! Where shared travel is unavoidable, individuals should aim to travel with same people on each journey</li> <li>! Coach travel to be avoided</li> </ul> <p><b>Welfare</b></p> <ul style="list-style-type: none"> <li>! All players, officials, volunteers and supporters to undertake self-assessment for any COVID-19 symptoms prior to leaving home.</li> <li>! Verbal check for symptoms to take place prior to all training sessions and matches.</li> <li>! Attendees to supply their own drink bottle, clearly labelled with their name</li> <li>! Post session / match players to refrain from any contact</li> </ul> | <ul style="list-style-type: none"> <li>! Drivers and passengers should keep vehicles well ventilated and have face masks available for use</li> <li>! Upon arrival at training drivers, where possible, should look to park at least one vehicle width away from other cars</li> </ul> | <p><b>Team Managers and Coaches</b></p> |  |  |
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|  | <p><b>Equipment</b></p> <ul style="list-style-type: none"> <li>! Balls, cones, goalposts and other training equipment must be regularly wiped down with an appropriate sanitiser before and after every session. Facemasks and gloves are strongly recommended when carrying out this task.</li> </ul> <p><b>Medical / Physiotherapy</b></p> <ul style="list-style-type: none"> <li>! PPE in line with Public Health England recommendations to be worn by any individual administering First Aid or carrying out physiotherapy activities</li> <li>! First aiders must ensure their qualifications are within date as applicable to the relevant governing body</li> </ul> <p><b>Players and Officials - Changing Rooms for pre-season matches</b></p> <ul style="list-style-type: none"> <li>! Changing rooms to be used on pre-season matchdays for changing and showering purposes only</li> <li>! Use of changing rooms to be limited to a maximum of eight people at any one time. This applies to players from both teams</li> <li>! Safe system of access/egress</li> </ul> | <ul style="list-style-type: none"> <li>! PPE, sanitiser spray and wipes to be issued to team managers and all coaches</li> </ul> |  |  |  |
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|  | <p><b>Match Officials</b></p> <ul style="list-style-type: none"> <li>! Safe exchange of team sheets</li> <li>! Safe method of match fee/expenses payment</li> </ul> <p><b>Technical Areas</b></p> <ul style="list-style-type: none"> <li>! Additional seating in support of social distancing</li> <li>! Increase size of technical area</li> </ul> <p><b>Warm Up Areas</b></p> <ul style="list-style-type: none"> <li>! Sufficient distance required between individual dedicated warm up areas for home team, away and match officials</li> </ul> <p><b>Spectators</b></p> <ul style="list-style-type: none"> <li>! No spectators permitted at the current time</li> </ul> <p><b>Boardrooms / Hospitality</b></p> <ul style="list-style-type: none"> <li>! No hospitality will be provided, at half-time or after the game</li> </ul> | <ul style="list-style-type: none"> <li>! Match fee payment by BACS</li> <li>! Away team exit/enter changing room area ahead of hosts</li> <li>! Additional seating will be provided adjacent to both home and away dugouts</li> <li>! Revised Risk Assessment to be undertaken and issued upon notification of revision to current spectator guidance</li> </ul> | <b>Covid Officer</b> |  |  |
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|  | <p><b>Clubhouse / Bar</b></p> <ul style="list-style-type: none"><li>! With the exception of access to toilet facilities the Clubhouse will not be opened for pre-season games. There will be no access to the Bar or Hospitality areas.</li><li>! A revised Risk Assessment will be completed when spectators are able to be admitted</li></ul> <p><b>Volunteers</b></p> <ul style="list-style-type: none"><li>! Any symptomatic volunteer, or those living with someone who is symptomatic, must self-isolate at home and not attend</li><li>! PPE to be supplied if requested by an individual. i.e. gloves, facemask, visor etc</li></ul> |  |  |  |  |
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